

Remember to use SMART rules when using the Internet on any device:

- S** **Safe:** You wouldn't give a stranger on the street personal information, so don't do it online. Stay safe by not posting or sharing information (name, address, password etc.).
- M** **Meeting:** It is dangerous to meet someone that you have talked to online but never met. Never go without telling someone and always ask permission from parents or carers - they need to come with you!
- A** **Accepting:** There are loads of ways to download information on the Internet. Accepting emails, internet messages, text or pictures from a source you don't know (a person or company etc.) may contain viruses or inappropriate information!
- R** **Reliability:** Just because it is on the Internet does not mean it is true. Anyone can add or edit information on the Internet, or even lie about who they are! Try to stick to websites you trust for information and only chat to friends and family.
- T** **Tell:** If anything happens that leaves you feeling worried or uncomfortable when using the Internet, you need to tell someone. The best people to talk to are trusted adults - parents, carers, teachers etc.

For further information go to:

www.saferinternetday.org.uk

Think U Know: www.thinkuknow.co.uk

Childnet: www.childnet.com— You can find Adventures of 'Smartie the penguin' & 'Digi Ducks Big Decision' book free to download & app.

When searching the Internet we recommend you use one of the following child friendly search engines:

CBBC Search: www.bbc.co.uk/cbbc/search

You Tube for kids

Swiggle: www.swiggle.org.uk



Keeping Safe Online!



Our Parent and Carer Guide

What is Online Safety?

- ♦ The internet can be a great way for adults and children to connect with friends, family and new people.
- ♦ An increasing amount of children and young people are using social media, gaming and live streaming apps to chat and share content with others. But connecting and sharing with people online can come with risks too.
- ♦ Online safety is a very important consideration when using the Internet with children. It is essential to make children aware from a very early age, that the Internet is an amazing resource that has revolutionised the way we do things, but must be approached with a set of clear rules about keeping themselves safe online at all times.

Safer Internet Day 2025

‘Safer Internet Day’ is on 11th February 2025 and is a way to highlight the importance of online safety with children on a world wide scale.



The theme this year is:

“Too Good to be True”

- ♦ At Burman the children will take part in a special Online safety assembly, outlining key messages at an age appropriate level, using Safer Internet Day resources.
- ♦ The children have also completed activities in school again reinforcing key online safety messages.
- ♦ Please could you talk to your child to see what key online safety messages they have learned!
- ♦ Online safety messages will continue to be taught and reinforced through our computing curriculum and half termly online safety lessons.

Keeping Safe at School

- ♦ By the end of their time at Burman the children will be able to use technology **safely** and purposefully to create, organise, store, manipulate and retrieve digital content.
- ♦ In Nursery & Reception, the emphasis is upon ‘telling a grown up’ if they see anything on their screen that they do not recognise or should not be there.
- ♦ In Year 1 & 2 the children build upon this by also thinking about the importance of developing a healthy and responsible attitude when using the Internet.
- ♦ Children are not allowed to use the Internet unsupervised at school, they access key websites and learning materials that are age appropriate and have always been pre-approved beforehand.

Keeping Safe at Home

- ♦ When using the Internet at home, children should **always** be monitored carefully. PC’s, laptops and tablets should be in an area where they are easily overseen by adults.
- ♦ Internet security settings should be set to the highest security possible and any ‘child safe’ filters enabled. In-app purchase settings should also be disabled. Help guides are available online to support with this.

Working Together

- ♦ Using the Internet is an essential part of everyday life. By working together at home and at school, your child will begin to develop a very good attitude for using the Internet and keeping themselves safe Online now and in the future.

